

ACTIVITY LIBRARY — ELEMENTARY

The First Steps to Sustainability

Simple, everyday ways to live more sustainably, ending with a personal action plan students create themselves.

Sustainability: Taking care of our planet so that it stays healthy for a long time.

Write & Think

What are some of the examples you have seen or heard of for sustainability? If you can, write down 3 examples. Even 1 is great!

Here's an example:

Planting a tree is an example of sustainability.

- One example is ...
- Another example is ...
- A final example is ...

How Can I Be Sustainable?

Being sustainable is actually very easy! It's all about taking small steps to keeping our planet healthy.

It's important to remember that anything you do, no matter how small it may seem, makes a difference.

Here are some ways you can live more sustainably:

- Turn off your lights when you leave a room.
- Turn the faucet off when you are brushing your teeth.
- Choose to ride your bike to your friend's house instead of driving.
- Stop using plastic water bottles, and use a reusable one instead.
- Reuse the same piece of paper more than once before throwing it out.

Action Plan

- Based on what you learned earlier, choose one way to be sustainable.
- It doesn't have to be an example from the list!
- Write or draw out your action plan, or the way that you will live more sustainably.



- BONUS: Write or draw how your sustainable action will help fight against climate change!